

Wellness Committee  
Wednesday, May 27, 2026  
4p-4:59p  
BOE Room 102  
**MINUTES**

Present: Shelby, Lisa, Tom, Chris, Emily

I. Call to Order and Minutes Review

- Roll Call and Confirmation of Attendees by Position
- Review of February 24, 2026 Meeting Minutes

II. Updates from last meeting

- Vending machines do not need to be locked up if they are Smart Snack Compliant
  - Status of smart snack inventory in vending machines
    - Emily will check with Leon and Jack about smart snack status.
      - Need to submit documentation to me from the smart snack calculator
      - Non-exempt form for fundraisers need to be documented.
        - Lisa and Emily will do this
- Report on providing the Smart Snack criteria/list to PreK-5 teachers
- A la carte has begun.
  - Plans for 2026-2027 School Year?
    - Plan to try one day a week at the start of the new school year.
    - Breakfasts grab and go vending machine(s) is a goal.
- Status of Smart Snack list for parents goes K-12, and distribution channels
  - This was done, needs to be done at the start of next school year through Central office.
- Confirm district plan and budget for purchasing and storing spare water bottles and Smart Snack-compliant snacks for students in need
  - Successful at the nurses office
- Open gym days
  - Little Gem has an open gym.
- PE and Recess Engagement
  - Progress on training recess monitors to teach organized playground games to elementary students.
  - Integration of 5th grade gym class into Advanced PE
    - No advanced PE yet.
- Educational Presentations (SRO and nurse)
  - No presentations were given this year.
  - Tom attended the Copper Shores Family Fun and Resource: May 16
- InPACT - addition to school day
  - Elementary teachers are implementing InPACT.
  - Will restart this next school year.

III. New Items

- Wellness Policy Revision Timeline: Confirm date and process for beginning the

mandatory policy review (required triennially, last revision June 2023)

- Emily will review this in **Fall 2028**
- Health HS ½ credit requirement
  - Check Doug's credentials to be 'Health Compliant'
- Set Date for Next Meeting - August or September 2026?

#### IV. Adjournment