



NOVEMBER | 2018

LAKE LINDEN – HUBBELL PUBLIC SCHOOLS / LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Make Online Food Service Payments www.sendmoneytoschool.com or follow the link found on the District Food Service Tab	<u>Our Mission</u> Working together to ensure that all students achieve their maximum potential and contribute to society.	1 Orange Chicken Fluffy Brown Rice Broccoli Buds Mandarin Oranges Juicy Apple (Gr. 9-12) Fortune Cookie	2 Chicken Patty Breaded or Grilled or Fish on wg Bun Lettuce / Tomato Crispy Hash Brown Banana Orange Slices (Gr.9-12)
5 Popcorn Chicken Mashed Potatoes Gravy (opt.) California Blend Veggies Sliced Peaches Bread Slice (wg) Fresh Pear (Gr.9-12)	6 All American Hot Dog on wg Bun Potato Smiles Vegetarian & Bl. Beans Apple Slices w/Lo-Fat Caramel Mixed Fruit (Gr. 9-12)	7 Parent-Teacher Conferences ½ Day of School NO LUNCH SERVED Elem Dismiss: 11:35 MS/HS Dismiss: 11:57	8 Spaghetti Homemade Meatsauce Bread Slice (wg) Green Bean Medley Creamy Coleslaw Diced Pears Craisins (Gr. 9-12)	9 Chicken & Cheese Quesadilla Lettuce / Tomatoes Chips & Black Bean Salsa Applesauce Cup Banana (r.9-12)
12 Crispy Chicken Strips Fluffy Brown Rice Stir Fry Veggies Roll Pineapple Cubes Fresh Orange (Gr.9-12)	13 Little Caesars Wheat Crust Pizza Romaine & Spinach Salad w/Grape Tomato Frozen Go-gurt Assorted Fresh Fruit	14 Turkey & Gravy Mashed Potatoes Green Beans Rutabaga Cranberries Pumpkin Bars	15 Carnival Corn Dog (wg) Beef Chili w/Beans Oyster Crackers Carrot Coins Assorted Fresh Fruit	16 French Toast Sticks Sausage Rosy Applesauce Cheese Stick Banana (Gr. 9-12)
19 Tasty Beef Tacos Ultra Grain Shell Soft or Hard Taco Meat /Cheese Lettuce / Tomato Refried Beans Golden Sweet Corn Strawberry Cup	20 Flame Broiled Hamburger on wg Bun Seasoned Potato Wedges Green Bean Medley Red Grapes Juicy Apple (Gr.9-12)	21 ½ Day of School NO LUNCH SERVED Teacher Inservice PM Elem Dismiss: 11:35 MS/HS Dismiss: 11:57	22 HAPPY THANKSGIVING	23 THANKSGIVING BREAK
26 Chef-Boy-Ardee Ravioli w/Meatsauce Cheesy Bread Stick California Blend Veggies Applesauce Cup Apricots (Gr. 9-12)	27 Little Caesars Wheat Crust Pizza Romaine & Spinach Salad w/Grape Tomato 100% Fruit Juice Slushy Assorted Fresh Fruit	28 Grilled Cheese Sandwich on wg Bread Tomato Soup Oyster Crackers Steamed Mixed Veggies Apple Slices Oranges (Gr. 9-12)	29 Chicken Nuggets Mac & Cheese Peas & Carrots Apple Slices w/Caramel Garlic Bread Orange (Gr. 9-12)	30 Rotini (wg) Homemade Meatsauce Bread Slice (wg) Sugar Snap Peas Creamy Coleslaw Mixed Fruit

Daily Breakfast Menu

Choice of Cereal or
 Hot Oatmeal &
 Daily Special
 Fruit & Juice
 Milk

Monday:

Granola Bar / Yogurt Cup

Tuesday:

WG Muffin (Variety)

Wednesday:

Ultimate Breakfast Round

Thursday:

Bagel (wg) / Cream Cheese

Friday: (Hot Entrée)

Week 1 – Breakfast Pizza

Week 2 – wg Pancakes

Week 3 – Cheese Omelet

Week 4 – wg Waffles

Offered Daily:

Assorted Fresh Veggie Bar

Grades: K-12

White Skim Milk

1% White Milk

1% Chocolate Milk

Ice Water

Alternate Meal Choices:

Ham & Cheese on wg Bun

Turkey & Cheese on wg Bun

EZ Jammer & String Cheese

Premade Chef Salad (Gr. 5-12)

wg = whole grain

FVB = Fresh Veggie Bar